

*Striving For Excellence
Presents
I'm Worth It!*

**Youth
Empowerment
Conference**

Date: April 17, 2010

Time: 9:00 a.m.– 3:30 p.m.



**Adler Health Education Center
Genesis Heart Institute
(Lower Level)
1236 East Rusholme Street**

You're invited to attend, "*I'm Worth It*", Youth Empowerment Conference. This conference is a unique opportunity for African American females between the ages of 13-18 years old to enhance their ability in making positive choices. Many youth today are facing life challenges and pressure to engage in risky behaviors or conform to an unhealthy lifestyle. This conference will promote a holistic approach in skill development and self-esteem building that leads to better life choices and opportunity to realize their full potential.

\$5 Registration Fee includes: breakout sessions, conference bag, materials, continental breakfast, and lunch. Limited financial assistance available upon request. The conference will begin promptly at 9:00 a.m.

Striving For Excellence
P.O. Box 5322
Davenport, IA 52808
563-940-0620
strivingforexcellence2@live.com