

## Iowa Gender~Specific Services Task Force Fall Retreat 2006



**October 12-13, 2006**

Wesley Woods Camp & Retreat Center near Indianola, Iowa

### **Advocacy: Done Being N.I.C.E.(Not In Charge Enough)**

**Space is limited. Please register early!**

Questions: contact Kathy Nesteby

Iowa Commission on the Status of Women

800/558-4427 or 515/281-6915 or email: [kathy.nesteby@iowa.gov](mailto:kathy.nesteby@iowa.gov)



#### Friday Workshop

It is a common experience among those who work with young women involved in or at risk for involvement in the juvenile justice system that the needs of these young women are often dismissed and/or trivialized by those in power. Sometimes this means disproportionately less funding for programs and sometimes it means poor, dilapidated facilities. It can also be a lack of gender~specific research or a simple rejection of the concept that the needs of young women vary from the needs of young men.

Professionals can impact these erroneous decisions and attitudes, whether it is within their own agency, with local powerbrokers or with state and national officials. They can efficiently and effectively create an environment for change that will include decision makers who notice, respect and respond to the specific needs of young women.

Participants who attend the Advocacy: Done Being N.I.C.E. retreat workshop will leave with increased knowledge and skills related to advocating on behalf of young women. They will become equipped to impact policy, funding and other decisions that affect young women. They will learn specific ways to work with decision makers for the betterment of these young women. Participants will come away with an individual advocacy strategy to best meet the needs of system involved girls at their agency, local or state level.

***Social Work CEUs will be offered for this workshop.***

**During the rest of the retreat, we hope participants will take advantage of the opportunity to enjoy the campgrounds, go for a walk, sit by a bonfire and enjoy the company of others who work with young women. It is a time to learn but also a time to recharge your batteries!**



## Presenter Bio

Dr. LaWanda Ravoira served as the President & CEO of PACE Center for Girls, Inc., a statewide not-for-profit organization that provides gender specific, comprehensive, educational, therapeutic and transitional support services to 4,500 at risk girls annually for over 13 years.



In August, 2005, Dr. Ravoira made the decision to transition from the position of President & CEO. The State Board of Trustees asked that she continue to provide consultation services to PACE during that transition. In this role, she leads state and national advocacy and major reform efforts on behalf of girls and young women in the justice system. Currently, she co-chairs the Girls Advisory Council, convened by the State of Florida, Department of Juvenile Justice to oversee the closure of the girls' prison and to make recommendations regarding services.

Dr. Ravoira is committed to organizational excellence and outcomes that make a positive difference in the lives of girls and young women who are in or at risk of entering the juvenile justice system. Under her leadership at PACE, the following accomplishments are noteworthy:

- Annual budget increased from \$900,000 to \$18 million
- Expanded from 3 centers to 20 centers statewide (19 Teen & 1 Pre-Teen Center)
- Recognized as the national model for girls programming
- Developed and worked for the successful passage of HB 1989 which amends State of Florida juvenile justice statutes to require gender responsive services

Dr. Ravoira holds a Doctorate in Public Administration (D.P.A.), Master of Science (M.S.) in Allied Health, and a Bachelor of Science (B.S.) in Sociology. She is a national presenter and trainer on issues related to organizational leadership, systems change, gender responsive services, fundraising, development, public policy and advocacy.

## Who Should Attend

The retreat is appropriate for juvenile justice system professionals including juvenile court officers and service providers in both the public and private sectors. Others who would benefit include community educators; public school teachers, counselors, and social workers; spiritual leaders; restorative justice leaders; and other individuals interested in healthy development in all adolescent girls.

## Schedule of Activities

### Thursday

3:30 pm Begin check-in  
5:30 pm Dinner  
Free time

### Friday

8 am Breakfast  
9 am *Advocacy: Done being N.I.C.E. Part I*  
Noon Lunch  
1pm *Advocacy: Done being N.I.C.E. Part II*  
3pm End of day

**We will have a bonfire Thursday night, weather permitting.**

### **About Wesley Woods Camp & Retreat Center**

Wesley Woods is 344 acres of rolling hills and valleys on Lake Ahquabi near Indianola. Twenty acres is prairie grass. There is a diverse population of wildlife from camp dogs and cats to deer, red fox, wild turkeys, turkey vultures, chipmunks, raccoons, and many varieties of birds. It is an extension of the local United Methodist churches' ministries and is accredited by the American Camping Association as a retreat and conference center. Accommodations include dorm-like rooms. All facilities are air-conditioned and heated. There are modern toilet and shower facilities.

### **About Our Meals**

The following meals will be prepared by Wesley Woods staff:

Thursday dinner 5:30 p.m.

Friday breakfast at 8 a.m. and lunch at noon

There will be coffee and hot tea available throughout the workshop.

*Bring your favorite snacks to share!*

### **Wesley Woods Camp & Retreat Rules**

Quiet is requested after 11 pm for all outside activities.

No pets allowed.

No food or beverages are allowed in individual sleeping rooms.

No consumption of alcoholic beverages and/or controlled substances.

No smoking in any buildings.

### **What to Bring**

Snacks/drinks to share

pen and paper

clothes that can be layered for comfort

comfortable walking shoes

### **...If You Are Staying Overnight**

toiletries

bed linen or sleeping bag

pillow

towel

**How to Get to Wesley Woods:** (See also the maps below)

*We will be meeting in Pine (main) lodge Friday and for meals.*

*Those staying overnight will be in Buxton Lodge.*

2 1/2 miles West of Indianola, on HWY. 92

Then South on County Road R63 for 4 1/2 miles

East on Nixon Street to Camp Entrance

If you would like more information about Wesley Woods, it can be found on-line:

[www.gbqm-umc.org/wesleywoods/](http://www.gbqm-umc.org/wesleywoods/)

Wesley Woods Camp & Retreat Center is located West and South of Indianola, just off Warren County paved road R63. As R63 enters Des Moines it becomes SW 9th and is paved all the way from Wesley Woods corner to downtown Des Moines.

From I-80 WEST: At 80/35 mixmaster go south on 35 to the Indianola/Winter exit. Follow 92 toward Indianola, then go south on R63. There is a Wesley Woods sign at the intersection. Follow R63 to Wesley Woods.

From I-80 EAST: Take the new 65/5 bypass exit near Altoona. Exit on R63 and follow it to Wesley Woods.

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October 12-13, 2006



Registration fee can be paid in advance or at the door.  
Make checks payable to: Friends of ICSW

Name \_\_\_\_\_  
Organization \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

I will be attending: \_\_\_\_\_ overnight (\$50)  
(includes all meals and overnight lodging)  
\_\_\_\_\_ Friday only (\$25)  
I will be eating:  
\_\_\_\_\_ Breakfast and Lunch  
\_\_\_\_\_ Lunch only

We will make every effort to accommodate your meal requests.  
\_\_\_\_\_ vegetarian  
\_\_\_\_\_ other (please specify) \_\_\_\_\_

Detach this page and send with registration fee to:

**Kathy Nesteby**  
**2<sup>nd</sup> Floor, Department of Human Rights**  
**Lucas State Office Building**  
**321 East 12th Street**  
**Des Moines, IA 50319**  
**Fax: 515/242-6119**

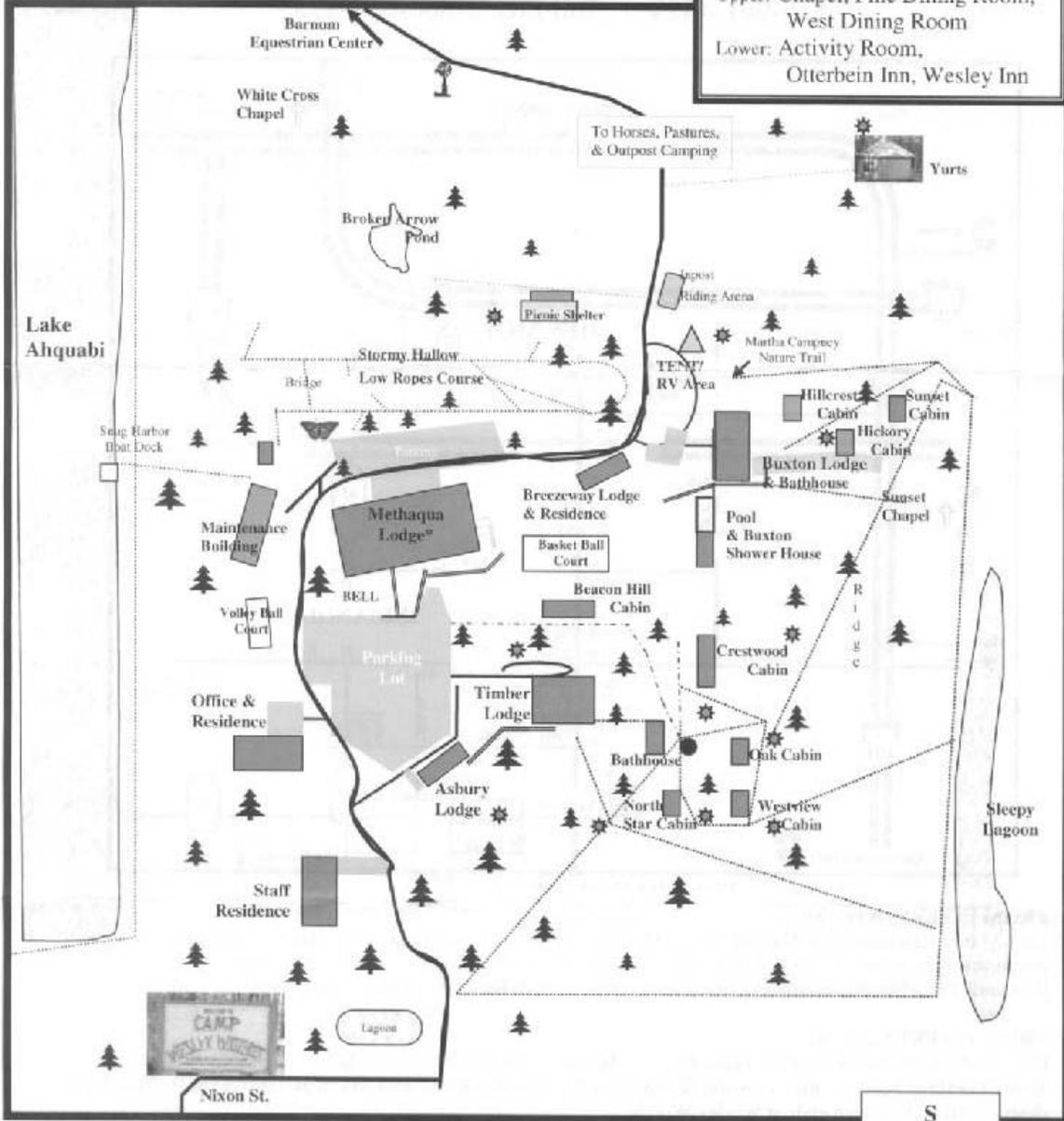
(as noted above, fee can be paid at the door)

If you are a person with a disability and need a reasonable accommodation to participate in this training, please contact Kathy Nesteby by September 1, 2006.



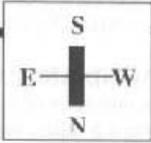
# Wesley Woods Central Campus Map

**\*Methaqua Lodge**  
 Upper: Chapel, Pine Dining Room,  
 West Dining Room  
 Lower: Activity Room,  
 Otterbein Inn, Wesley Inn



**SYMBOL KEY**

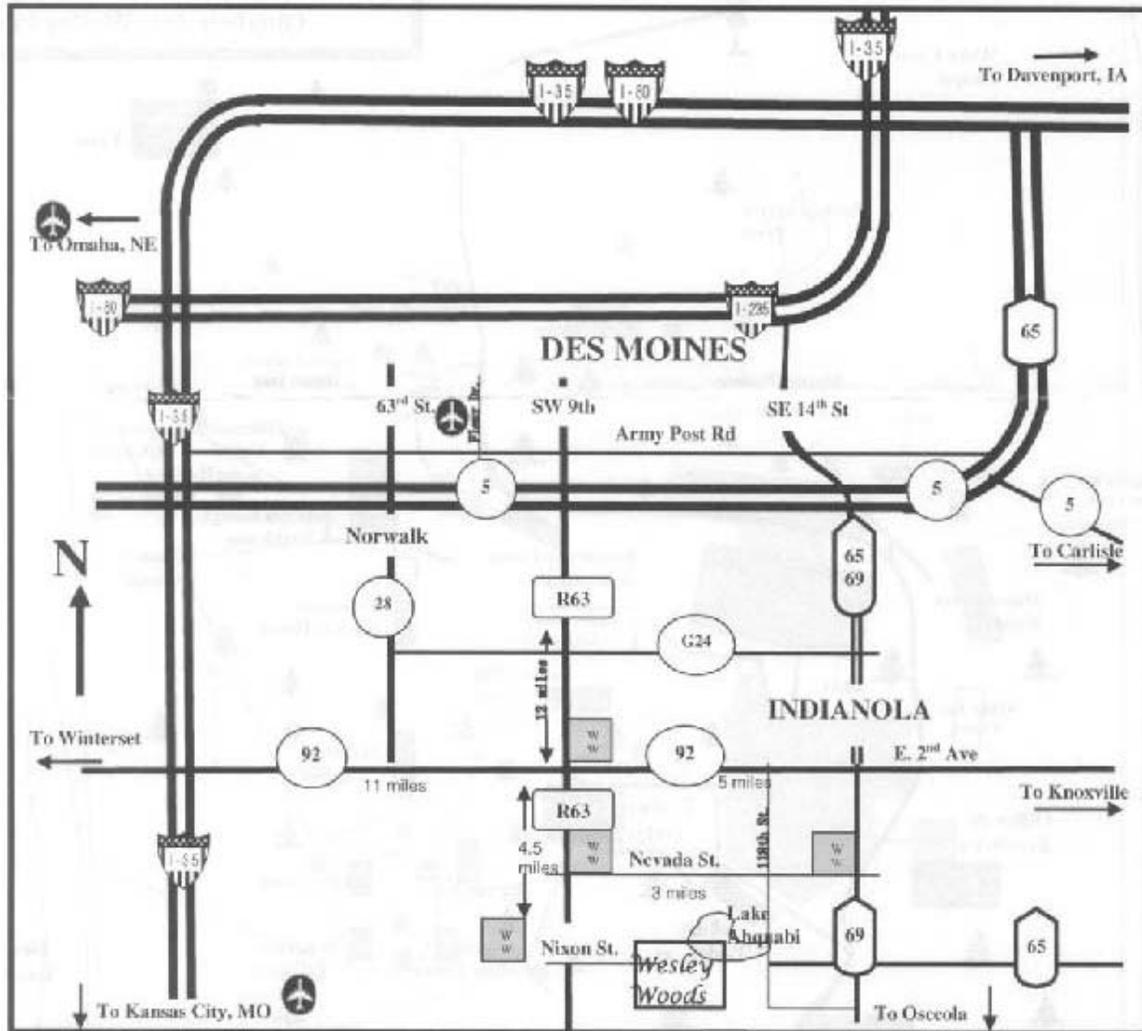
Campfire rings		Trails	
Indian Mound		Roads	
Outdoor Chapels		Service Roads	
Pool, Ponds, Lagoons		Parking	
Buildings			
Butterfly Garden			



# WESLEY WOODS CAMP & RETREAT CENTER

10896 Nixon St., Indianola IA 50125-7226

515-961-4523 \* Toll Free 1-866-684-7753



Watch for Wesley Woods  Signs